

Summary of Psycho-Social Counseling Interviews of Flood-Affected Survivors
Hill Station, Freetown, Sierra Leone

4th September, 2017

Fatmata

- Sex: female
- Comments: checked in 31st August (Thursday) physically affected (fractured hand, injured head), lost uncle, injured aunt at the hospital.
- Observation: Feeding twice a day, food is not decent. First psychosocial experience tent.

Musu

- Sex: female
- Age: 29
- Comment: Experiencing loss of appetite, with daughter, loss of husband.
- Observation: Totally depressed and showing signs of Insomnia.

Kumba

- Sex: female
- Age: 32
- Comment: Her tent keeps getting water logged but she is feeding twice a day. She lost her daughter and sister in the mudslides.

Isatu

- Sex: Female
- Age: 52
- Comment: no certainty of future accommodation. Lost loved ones.
- Observation: Food not that decent, 6 grandchildren (female), worried about providing for them financially.

Poreh

- Sex: Female
- Age: 25
- Comments: She is worried about being able to start are business again and finding accommodation. She is also having difficulty sleeping.

Olive

- Sex: Female
- Comment: Eldest child is now eating well, and interacting with other victims.

Memunatu

- Sex: Female
- Age: 12
- Comments: Lost her parents and she is worried about what the future holds for her and her siblings. She sat for NPSE exam and passed, therefore is promoted to JSS.
- Observation: Has difficulty sleeping and eating. Coping with the help of friends and counselling.

Musu

- Sex: female
- Age: 29
- Comment: Depressed because she has lost her husband

Jeneba

- Sex: Female
- Age: 15
- Comment: Depressed, eats well

5th September, 2017

Steven

- Sex: Male
- Age: 39
- Comment: Lost wife and kids. He is very depressed at the moment but wants to continue with his Aluminum job and private business.

Daniel

- Sex: Male
- Age: 23
- Comment: He wants to get over the situation as soon as possible and move on with his life.

Johannis

- Sex: Male
- Age: 32
- Comment: Lost interest and likes being alone. Desperately wants to get out of the shelter as soon as possible.

Abu

- Sex: Male
- Age: 32
- Comment: Lost four members of his family. He wants to continue carpentry but desperately needs help from the government.

Fakulie

- Sex: Male
- Age: 32
- Comment: He lost his little brother, all he wants now is shelter.

Daniel

- Sex: Male
- Age: 40
- Comment: He lost family members and is struggling with their demise.

Sheku

- Sex: Male

- Age: 27
- Comment: He lost a few relatives and prefers being alone at this point. He has also lost interest in all other activities. He currently needs housing and support.

Maliki

- Sex: Male
- Age: 19
- Comment: Wants to continue his education but needs scholarship and basic supports.

Samuel

- Sex: Male
- Age: 21
- Comments: He is depressed, discouraged and can't read due to the loss of his mother and sister. His dad had previously died during the Ebola outbreak.
- Observation: Doesn't interact, has lost interest in all other activities. He wants to continue education but needs scholarship from government.

Dabou

- Sex: Male
- Comment: Only gets food twice a day

Hassan

- Sex: Male
- Age: 37
- Comment: He is not happy with what's happening to him right now. He has a lot of family with him but lost all his belonging in the flood. He is worried about his children's education. School is about to re-open for the children is concerned about being able to afford it.

Alimamy

- Sex: Male
- Age: 20
- Comment: Appears emotionally down and feels like crying due to the traumatic experience. He lost three family members, his father, brother and mother.

Musa

- Sex: Male

- Age: 17
- Intervention: individual counselling on signs and symptoms of trauma. Also raised awareness on participant strength.
- Comment: Loss three people in the flood, elder brother, wife and his son. Appears sad and can hardly interact with colleagues. Was counseled on how to manage the traumatic experience.

Kebbie

- Sex: Male
- Age: 17
- Comment: Family lost everything, including their house, and other valuable things. Appeared totally traumatized by the tragedy.

Alimamy

- Sex: Male
- Age: 52
- Intervention: Comment: Lost his son and belongings. Appears sad but seems calm. Encouraged to interact with other.

Sidibay

- Sex: Male
- Age: 60
- Comments: After receiving all his benefits, and pension, he decided to built a house finally the disaster took everything. At first he was sick but feeling better now, due to the good medication here. He usually goes around and hanging out with new friends of the same situation. He very is depressed .

Kandeh

- Sex: Male
- Age: 30
- Comment: He is feeling better now after having so many injuries all over his body. He don't have any problem with anyone around the camp. He is still undergoing treatment but eats meal 3 times a day. He is also depressed having lost six members of his family but hopes for a better future.

Ferenke

- Sex: Male
- Age: 22
- Comments: He was buried in the mud but got rescued. Lost both parents and other family members. Sustained several injuries and bruises all over his body. He hallucinates and is depressed.

Farah

- Sex: Male
- Age: 35
- Comment: Intrusive thoughts and memories.

6th September, 2017

Adama

- Sex: Female
- Age: 40yrs
- Situation/ Presenting Complaints: Depressed and confused

Kadiatu

- Sex: Female
- Age: 25yrs
- Comments: Depressed and confused. After counselling she is now able to eat and sleep.

Mballu

- Sex: Female
- Age: 55yrs
- Comments: Scared, confused and psychologically traumatized. Doesn't eat or sleep regularly

Isata

- Sex: Female
- Age: 21yrs
- Comments: Tearful and sad

Augusta

- Sex: Female
- Age: 23
- Comments: Lost her husband. She cannot sleep at night and sometimes she can't eat. She has 1 child and another on the way. She is in need of financial support to take care of herself and children.

Abu

- Sex: Male
- Age: 24

- Comments: Lost relatives. He is a student and want to go back to school. Needs housing, basic support shelter, and books.

Musa

- Sex: male
- Age: 23
- Comments: Lost his sister, he can't sleep or eat. He is depressed. He loved his sister very much. He need money for shelter and to start a business.

Mohamed

- Sex: Male
- Age: 44
- Comments: Lost his wife and four children. He is very depressed, restless and has been grieving his loss. He is thankful to have shelter and regular meals. He has difficulty sleeping but grateful to be alive.

Kalelu

- Sex: male
- Age: 36
- Comments: He is traumatized and depressed due to the loss of his wife and son. He is currently grieving.

Tamba

- Sex: Male
- Age: 55yrs
- Comments: He is not happy, because he lost his house, child and relatives in the mudslides. He is asking for the government's support to build another house. He further stated that government promised the male victims that they should stay in the camp until he finds a solution for them. Finally he is urging the government to act speedily.

7th September, 2017

Jane

- Sex: Female
- Age: 31yrs
- Situation/ Presenting Complaints: Suffering from insomnia as a result experience headaches. Diagnosed of Malaria, seen at the clinic and given treatments..
- Comments: Stable, Oriented and Alert. Psychosocial Counselling provided helped to do follow up.

Sheku

- Sex: Male
- Age: 53yrs
- Comments: He's sad because he lost his child, grandchild and relatives in the tragedy, but he gives Allah all the praise for protecting him from mudslide, if not God it wouldn't be easy for him. He said he is grateful to the "Sorry Heart Kombra Organization" for supporting them with food, clothing etc.

Foray

- Sex: Male
- Age: 17yrs
- Comments: Foray lost his uncle that was taking care of him. Luckily for him he was at his friend's house for studies when the incident took place and only saw the mudslides on his way back home. He is still traumatized by the scenes he witnesses on his way home. He is asking government to help him with Shelter and Scholarship to further his education.

Tamba

- Sex: Male
- Age: 55yrs
- Comments: He is not happy, because he lost his house, child and relatives in the mudslides. He is asking for the government's support to build another house. He further stated that government promised the male victims that they should stay in the camp until he finds a solution for them. Finally he is urging the government to act speedily.

Abdulai

- Sex: Male
- Age: 26yrs
- Comments: Depressed and confused. Not comfortable because of the crowd. He can't stand for long due to serious pain on the chest. Lost his brother. His brother was everything to him and he was once an Auditor working for EDSA, his elder brother, wife and two sons. He is depressed. He is thinking about going back to school. Asking government to help him with scholarship and financial support.

Abdulai

- Sex: Male
- Age: 50yrs
- Comments: Stable and is presently coping with situation. He started with a quotation that man has his own plans but God's plan is the best. He is still in shock from the tragedy. He is grateful to God for directing him to take his wife and children out of Freetown. Only the two elderly sons were with him and they both died.

Foday

- Sex: Male
- Age: 50rs
- Comments: Depressed and confused. Feeling of lost hope. Stopped working because he is still grieving the loss of his children, worried about providing for the future of his two surviving school going children.

Fatmata

- Sex: Female
- Age: 27yrs
- Comments: Stable, fear of being thrown out of the tent and lonely as she is presently missing her husband and child. She provided a proof of being a survivor of flooding (hospital discharge document).

Hawanatu

- Sex: Female
- Age: 17yrs
- Contact:
- Location: Tent D

- History: Uncles (2) step aunty died in mudslide
- Situation/ Presenting Complaints: Sadden by the loss of home and breadwinner. Low appetite, fever, insomnia.
- Intervention: Suggestions for the survivor and psychosocial support
- Comments: Selling handmade wraps materials to earn pocket money. She also sometimes goes to church. Teaches her sibling basics to engage them and has a book that she reads to forget about the incident.

Isatu

- Sex: Female
- Age: 15yrs
- History: Lost father, brother and sister-in-law; mother died due to Ebola Infection. Went on all night church service on the day of the disaster.
- Comments: wakes up in the middle of the night and cries remembering her dead family members (4). Cries to sleep, eat the food, and only complain are the food is oily. Feels cold when it rains. Suffering from insomnia due to headaches. Diagnosed with Malaria, seen at the clinic and given treatments.

Adama

- Sex: Female
- Age: 50yrs
- History: Lost 3 grandchildren, 2 girls and 1 boy. Also lost her son-in-law.
- Comments: Insomnia sometimes whenever she thinks about late grandchildren and late son-in-law. Suffers from Ulcer and loss of appetite due to sadness. She is helpless and worries about the future of her daughter and grandchild. Single counselling offered. Client response was positive, follow-up in progress.

Wara

- Sex: F
- Age: 35
- Comments: 3 Children plus husband were lost in the mudslide disaster. Worried about next accommodations. Frequent Insomnia and appetite loss. Feels anxious about the future and health of the body. Feels saddened whenever she remembers her dead family. A trader before the disaster and she sells clothes and sandals. Received medication for cold

in the clinic together with her daughter. Counselling and reassured that the government will provide for and protect them.

Sheku

- Sex: M
- Age: 27
- Comments: Loss seven people (2 parents, 2 brothers and 3 sisters). Worried about where he will go after the dissolution of the camp. Lost all relevant documents and thinking of how to retrieve them. Food doesn't come on time. Discouraged. Not talked to properly by staff. When it rains the tent becomes wet and they have to remove most of their properties. Loss of appetite since he came.

Saidu

- Sex: M
- Age: 27
- Comments: Electrician. Finds it difficult to see other people with their parents and siblings. As the eldest of the family he has been aspiring to be better but since the intervention of the disaster he has no one to encourage him to move forward. Studied installation for one year and has lost his documents. Flooding of the tents and loss of appetite. Would love to further his course if given the opportunity.

Daniel

- Sex: M
- Ages: 23
- Comments: Loss elder brother, wife and 4 month child. Worried about being sent out of the Tent. Food is not enough for them. Concerned about how people are being moved from the Camp due to the fact that they are real survivors. They are not more worried about the loss of family members but the fact that they are being moved from the Camp every day.

Bailey

- Sex: M
- Age: 25
- Comments: Lost his brother in the mudslide. Stressed about the fact that people are moved out of the camp on regular basis accused of not being real survivors. Feels lonely most of the time and that makes him think a lot about his loss. He also feels very depressed.

Tejan

- Sex: M
- Age: 33
- Comment: Lost his wife and two children. Complaining of severe pain due to the disaster as he was struck by rock. He has been to the clinic and was given medication and counselling. He is presently in the state of confusion especially due to the fact that he has lost everything. Would like to do some work so as to pass time and get the loss of his family off his mind. Sitting around puts him in lonely mood.

Sarah

- Sex: F
- Age: 35
- History: Business woman sells coal upcountry to Freetown. Lived with husband and six children. All of them were school going (Nursery to Jss 3). Went to the village to buy coal, returned to meet kids dead plus husband. Five (5) of her children survived because their grandma took them for the weekend. Rugiatu Conteh 2 year old kid survived.
- Observation: Feels sad most of the time because of the five kids she lost. Interacts with other survivors. Hopeful about the future God will provide. Feels sad during the night. Interacts with neighbor kids and they help her with their laundering. Does not drink and smoke. Numb but worries a little, believes in God. No worries about last kid. Will not be stressed again because she worries about her kid. Cries a lot. Feels angry. Thinks about kids every day. Very depressed and gets scared whenever it rains, she gets scared when it rains and suffers from nightmares as she imagines and remembers her kids. Does not use the toilet and faces some problems with the way the ration is served.

Haja

- Sex: F
- Age: 21
- Comments: Lost sister and brother in law. Feels lively, hopeful for the future. Having difficulty interacting with other victims. Worry and disturbed Does not drink or smoke. Get emotional and scared when it rains. Never thought about harming herself. Used to interact with friends and is presently missing them dearly. She has nightmares and is very depressed. Needs a good home and wants to go back to school.

9th September, 2017

Namisa

- Sex: F
- Age: 16
- Comments: Has just sat for the BECE. Lived with mom and dad and kid brother. Usually sells Maggie and pepper in the market. Went to the market in the morning of the incident only to return home and find out that everywhere is covered with mud. Feels sad most times. Meet new friends, interacts with other victims. Worried about continuing her schooling because she lost her sponsors in the disaster. Worries interfere with her sleep. Still interested in watching TV and the TV is not readily available. Cries a lot when missing friends and families. Always thinking about loss family members. Doesn't feel guilty. Thinks she would have been killed if she was there.

Mariam

- Sex: F
- Age: 56
- Comment: Lost of her the sons and daughter-in-law. Client needs further psychosocial counselling. She is very stress because of the death of her sons as they were the ones taking care of her. She made it clear that she is an old woman and she cannot fend for herself. Needs housing and basic support.

Marie

- Sex: F
- Age: 15
- Comment: Lost her aunty. Client is a pupil. Loss her school materials and wants to continue schooling. She is presently in Jss2. Loss all of her friends and aunty. Needs Shelter and clothing and complains of facing a lot of problem with the tent in the camp. She is stress and wants to go to school.

Marie

- Sex: F
- Age: 35
- Comment: She is deaf and dumb. Story explained by neighbours. She cannot hear neither can she talk. She cannot eat or sleep because her brother who have been taking care of

her died in this accident. She has been crying every day. She is helpless and needs serious attention.

Damba

- Sex: F
- Age: 16
- Comment: Loss her father, sister and aunty. Lost all her school materials during the incident. Sometimes finds it very difficult to eat and sleep. Loss all of her friends and relatives. She always thinks about her lost family members. She is not comfortable with the camp and desperately needs Shelter.

Hawa

- Sex: F
- Age: 25
- Comment: Lost her sister, husband and daughter. Lost everything so she is in desperate need of help so she doesn't commit suicide. She cannot sleep at night and barely eats. She needs Shelter and some capital to start a small business.

Alimamy

- Sex: M
- Age: 20
- Comment: Loss of father, mother and brother. Not difficult feeling about people close to him. Client is feeling hopeless about the future. Loss of appetite and cannot sleep well. Client does not drink or smoke. Always feel sad. Presently not taking a lot of risk or putting himself in danger but always thinks about his lost family members. Client wants to further his education and do not cry at all.

Mohamed

- Sex: M
- Age: 44
- Comment: Lost his wife and four children. He is very depressed, restless and has been grieving his loss. He is thankful to have shelter and regular meals. He has difficulty sleeping but grateful to be alive.

Kalilu

- Sex: M
- Age: 36

- Comment: Lost his wife during the mudslides and elder son and is still grieving. Confused because his wife died leaving behind a 10yr old child and presently do not have anything with him as he has lost everything. He is still thankful for life and hopes that a miracle will happen soon for him.